

# COSTAO NIGHT RUNNING

Folha 1

## 10K

Nome	Colocação			Oficial	Liquido	Min/Km	Nome	Colocação			Oficial	Liquido	Min/Km
	Geral	Sexo	Faixa					Geral	Sexo	Faixa			
<b>14-24 Homens</b>							<b>30-34 Homens - Continuação</b>						
Vinícius Grosbelli Zanella	17	17	1	38:49.9	38:47.6	3:53	Vólnei Vasconcelos	155	133	26	55:20.5	54:40.3	5:28
Janrie Tidres	26	26	2	40:19.4	40:12.1	4:01	Ricardo Alexandre Franco	179	146	27	58:48.7	58:16.2	5:50
Gustavo Gretter Luchtenberg	30	30	3	40:39.2	40:25.7	4:02	Cassio Meyer Graziottin	181	148	28	59:25.1	58:57.2	5:54
Leonard Schmitz	82	78	4	47:27.3		4:45	John Alexander Rodrigues	183	149	29	1:00:06.4	59:35.0	5:57
Caian Schenato Bohrer	92	87	5	48:44.2	48:34.7	4:51	Eduardo Stecca	185	151	30	1:00:53.5	1:00:45.3	6:05
Davi Almiro Rosa Marcondes	96	91	6	48:58.2	48:36.7	4:51	Everton Lourival Peixoto	187	152	31	1:01:14.8	1:00:42.1	6:04
<b>25-29 Homens</b>							<b>35-39 Homens</b>						
Carlos Alexandre Firmo De	1	1		31:14.9	31:14.6	3:08	Douglas De Campos	16	16	1	38:46.9	38:36.9	3:52
Rômulo Mendes	18	18	1	38:53.9	38:51.2	3:53	Glaucinei Marcos Trevisol	31	31	2	40:40.3	40:35.0	4:04
Lucas Paulo Torezin	19	19	2	38:56.5	38:54.8	3:54	Claudio José Vieira	32	32	3	40:50.8		4:05
Felipe Carpes Stahelin	39	39	3	42:05.8	41:45.1	4:10	Alexandro Alves	33	33	4	40:55.1	40:50.6	4:05
Diego Domingos Darós	44	44	4	43:00.7	42:48.0	4:17	Disnei Amélio Cazetta	45	45	5	43:12.2	42:51.2	4:17
Rafael Dias De Melo	52	52	5	44:08.3	44:05.3	4:25	Claudio Vicente	46	46	6	43:16.6		4:20
Ronaldo Pereira Da Rosa	55	55	6	44:17.5	44:13.8	4:25	Marcos Coelho Barbosa	49	49	7	43:54.7	43:30.7	4:21
Fernando Tessaro	68	66	7	46:08.2	46:07.4	4:37	Luiz Idinei De Assis	51	51	8	44:07.2	43:28.2	4:21
Amaro Alves Almeida Neto	69	67	8	46:26.8		4:38	Giovani F. De Campos	53	53	9	44:14.9	44:03.3	4:24
Victor Hugo Nascimento	73	70	9	46:42.7	46:39.3	4:40	Pedro Quagliato	67	65	10	45:58.2	45:38.2	4:34
Douglas Belle Da Silva	84	80	10	47:34.2	47:15.1	4:43	Ricardo Cavalcanti Peixoto	71	69	11	46:31.6	46:09.7	4:37
Allan De Faria Dourado	88	83	11	47:58.7	47:44.3	4:46	Cleverson Polodi	79	76	12	47:13.9	46:35.9	4:40
Enio Augusto Urbaneski Griss	95	90	12	48:55.4	48:30.8	4:51	Gustavo Adolfo Acunha	80	77	13	47:17.6	46:42.0	4:40
Guilherme Maurílio De	102	96	13	49:20.6	48:28.7	4:51	Alexander Felix	83	79	14	47:32.9		4:45
Felipe Wernke	109	100	14	50:17.0	49:48.4	4:59	Walter Borges	91	86	15	48:23.8	48:03.2	4:48
Michel Silva De Castro	120	108	15	51:27.6	51:20.1	5:08	Robson Oliveira	97	92	16	49:02.6	48:36.1	4:51
Aurélio Saraiva	127	112	16	52:04.5		5:13	Ricardo Da Silva Sardá	99	93	17	49:05.5	48:44.2	4:53
Lucas Manoel De Silveira	145	126	17	53:34.9	53:20.1	5:20	Benedito De Oliveira Fernandes	106	97	18	49:30.9	49:23.9	4:56
Daniel Giachin	148	128	18	54:06.4	53:30.1	5:21	Luiz Renato Melo Paz	130	114	19	52:11.3	51:15.7	5:08
Wilson Silva	150	130	19	54:19.7	53:36.8	5:22	Janilson Santana	132	116	20	52:21.7	51:40.9	5:10
Gustavo Villen Chami	163	138	20	56:16.9	55:24.5	5:32	Fabio José Ramos	140	122	21	53:08.8	52:40.5	5:16
Vinícius Francener	174	142	21	58:09.9	57:33.1	5:45	Régis A K Steffens	143	124	22	53:23.5	52:59.1	5:18
<b>30-34 Homens</b>							<b>40-44 Homens</b>						
Márcio Pasqualini	2	2		31:57.4	31:56.7	3:11	Lourival Faucez Filho	189	153	23	1:01:27.3	1:01:14.0	6:07
Ednilson Cardoso	3	3		33:41.7	33:41.3	3:22	Marcel Ginja	198	158	24	1:07:05.4	1:06:18.1	6:38
Claudio Clasen Schindwein	5	5		34:44.9	34:44.3	3:28	Nicolas Elias Zonis	199	159	25	1:07:15.6	1:06:41.5	6:40
Diego Montecelli	6	6	1	35:30.9	35:28.8	3:33	Raliton Paulo Soares	4	4		34:17.2	34:15.9	3:26
Douglas Ricardo De Souza	7	7	2	35:56.5	35:55.8	3:36	Gilberto Cordeiro	9	9	1	36:03.1		3:36
João Guilherme De Melo	8	8	3	35:56.6		3:36	Carlos Beniz Do Couto	10	10	2	36:13.9	36:13.4	3:37
Vanderlei Lopes Da Silva	12	12	4	37:22.6	37:00.8	3:42	Célio Borges	11	11	3	36:32.3	36:32.0	3:39
Rodrigo Lima Da Costa	13	13	5	37:24.9	37:23.9	3:44	Flaviano Bellinati Garcia Pe	27	4	40:22.6	39:34.7	3:57	
Luis Gustavo Guedes Villar	15	15	6	38:36.7	38:34.9	3:52	Zenildo Angelo	35	35	5	41:28.3	41:22.2	4:08
Fernando Griss Costa	23	23	7	39:56.7	39:53.7	3:59	Federico Sacchi	36	36	6	41:33.1	41:23.6	4:09
Marcelo Eninger	29	29	8	40:36.6	40:33.6	4:04	Nilton Carlos Goncalves	37	37	7	41:34.0	41:25.1	4:09
Antoni Frank Martins Felipe	47	47	9	43:25.6	42:54.6	4:17	Jonathan Heald	50	50	8	43:59.7	43:40.2	4:22
Rafael André Dagnoni	57	56	10	44:34.8	44:22.8	4:27	José Carlos Basilio Barboza	60	59	9	45:16.0		4:32
Rodrigo Da Silva Diniz	58	57	11	44:43.2	44:41.0	4:28	Eduardo José Legal	63	61	10	45:47.1	45:12.6	4:32
Gustavo Guertler	70	68	12	46:30.4	46:21.2	4:38	José Delcio De Farias	89	84	11	48:05.5	47:44.7	4:46
João Luiz Radichewski	74	71	13	46:51.1	46:34.4	4:40	Sidnei Costa Marafigo	93	88	12	48:44.3	48:05.3	4:48
Roberto Oliveira Otero	75	72	14	46:58.8	46:32.6	4:39	Jucelio Ferreira Dos Santos	100	94	13	49:09.8	48:48.4	4:53
Leonardo Machado	85	81	15	47:35.0	47:12.5	4:43	Tomas Ignacio Erasquin	101	95	14	49:18.3	49:07.5	4:55
Marcelo Pereira Santos	86	82	16	47:43.3	47:35.3	4:45	Claudio Antonio Correa	118	106	15	51:22.1	51:17.7	5:08
Guilherme Preto	105	98	17	49:55.9	49:26.2	4:56	Ricardo Rico Pereira	121	109	16	51:29.2	51:11.1	5:07
Wagner Rosa	110	101	18	50:17.6	50:11.3	5:01	Adalberto Tripoli Barbosa	131	115	17	52:11.8	51:55.1	5:11
Luiz Eduardo Monteiro Da	122	110	19	51:34.7	51:27.0	5:09	Denilson Da Silva	135	117	18	52:32.4	52:14.3	5:13
Thiago De Melo	129	113	20	52:08.0	51:45.5	5:11	Luciano Jacinto	149	129	19	54:06.6	53:33.2	5:21
Marcelo Alves De Almeida	137	119	21	52:54.1	52:28.6	5:15	Ovidio Eltz Da Silva	152	131	20	54:49.5	54:16.7	5:26
Cleyton Anderson De Souza	138	120	22	53:08.0	52:56.1	5:18	Luis Fernando Cachoeira	158	136	21	55:49.8	54:53.9	5:29
Filipe Gressler Chaves	139	121	23	53:08.2	52:31.6	5:15							
Gustavo Echeli Jung	141	123	24	53:12.5	53:02.9	5:18							
João Marcelo Fernandes	153	132	25	54:55.4	54:14.4	5:26							

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# COSTAO NIGHT RUNNING

## 10K

Nome	Colocação			Oficial	Liquido	Min/Km	Nome	Colocação			Oficial	Liquido	Min/Km
	Geral	Sexo	Faixa					Geral	Sexo	Faixa			
<b>40-44 Homens - Continuação</b>							<b>- Mulheres</b>						
Marcelo Stimamiglio	165	139	22	56:35.3	56:26.0	5:39	..	56	1		44:33.0	44:27.7	4:27
André Luis Santana Ferraril	72	140	23	57:40.2	56:32.8	5:39	<b>14-24 Mulheres</b>						
Carlos Vinicius Lannes	184	150	24	1:00:46.9	1:00:11.1	6:01	Amanda Panisson Benazzi	108	9	1	50:07.7	49:41.0	4:58
<b>45-49 Homens</b>							Chaiane Letuiski Pimenta	125	14	2	51:59.5	51:34.2	5:09
Édio Constante	14	14	1	37:39.8	37:36.4	3:46	Natacha Tcholakian	142	19	3	53:15.9	52:37.6	5:16
Aderaldo Ramos Do	22	22	2	39:16.5	39:12.9	3:56	Vanessa Viana	164	26	4	56:35.1	56:24.8	5:39
Marcos Yamassaki Fiorentini	25	25	3	40:10.2	40:01.9	4:00	Laura De Vasconcellos De	182	34	5	59:27.1	59:12.7	5:55
Odenir Amaral	34	34	4	41:15.6	41:11.1	4:07	<b>25-29 Mulheres</b>						
Alcionei Silva	38	38	5	42:02.3	41:56.8	4:12	Simone Passarin	115	11	1	50:31.7	50:20.1	5:02
<b>50-54 Homens</b>							Marina Gomes Grando	166	27	2	56:48.2	56:18.5	5:38
Adenilson Ebertz	40	40	6	42:24.5		4:14	Ana Carolina Stosch Da Silva	168	36	3	1:01:15.6	1:00:32.1	6:04
Eduardo Anibal Blanco	54	54	7	44:15.5	44:08.8	4:25	<b>30-34 Mulheres</b>						
Renato Luiz Ventura	65	63	8	45:53.4	45:17.2	4:32	Fernanda Stahelin	72	3		46:34.3	46:24.5	4:38
Ricardo Magnus Rangel Da	66	64	9	45:57.0	45:30.8	4:33	Gabriela Andrade	112	10	1	50:26.9	50:19.0	5:02
Lourival Da Costa	76	73	10	47:03.2	46:25.5	4:38	Denise Soares De Camargo	151	21	2	54:24.2	54:00.2	5:24
<b>55-59 Homens</b>							Pamela Jacques	154	22	3	55:10.7	54:59.8	5:30
Renato Rigoli	78	75	11	47:09.8	46:41.0	4:40	Juliana Dias Wutke	170	31	4	57:23.0	56:53.7	5:41
Luiz Eduardo Fortuna De	111	102	12	50:25.2	50:12.4	5:01	Mari Neia Valicheski	171	32	5	57:39.8	56:32.5	5:39
Luiz César Costa	116	105	13	51:05.8	50:54.6	5:06	<b>35-39 Mulheres</b>						
André Luiz Fiorenazano	119	107	14	51:26.4	51:26.0	5:09	Patrícia L. Da Fonseca Goncalves	61	2		45:20.1	45:15.7	4:32
Guilherme Carlos Artero	124	111	15	51:57.7	51:55.3	5:11	Andrea Pasold	87	5		47:48.9	47:33.4	4:45
<b>60-64 Homens</b>							Analice S. Zacchi Netto	106	8	1	49:58.7	49:39.7	4:58
Eliel Carlos De Lima	144	125	16	53:32.6	53:09.6	5:19	Eva Yamila Da Silva Cate	123	13	2	51:52.7	51:37.7	5:10
Marcos Vinicius Boschirolli	146	127	17	53:40.0	52:42.3	5:16	Aloma Sinara Crescencio	128	16	3	52:06.7	51:41.8	5:10
Nilton José Generini De Oliveira	173	141	18	57:56.3	57:15.5	5:44	Simone Odete Vieira	134	18	4	52:28.1	52:04.0	5:13
Marcelo Soares De Melo	201	161	19	1:11:04.6		7:06	Chirlei Melo	193	38	5	1:03:41.0	1:03:19.0	6:20
<b>65-69 Homens</b>							<b>40-44 Mulheres</b>						
Alcedir Espirito Santo	20	20	1	38:56.6	38:55.4	3:54	Karina Mendes De Brito Garbino	90	6	1	49:05.0	48:43.9	4:53
Mauricio José Bertuzzi	24	24	2	40:07.0	40:05.2	4:00	Luciana Mitiko Chiromatzoglou	103	7	2	49:25.0	49:05.5	4:55
Roney Granemann	28	28	3	40:31.6	40:27.3	4:03	Similiana Herculina De Avila	133	17	3	52:27.7	52:01.8	5:12
Vilmar Schmitt	42	42	4	42:51.3	42:47.1	4:17	Patricia Vieira	159	23	4	55:57.3	55:34.6	5:34
Analto Romalino Da Cunha	43	43	5	42:57.6	42:16.6	4:14	Joseani Beatriz Scheuer	160	24	5	55:59.2		5:36
<b>70-74 Homens</b>							Jucenir Cardoso Pereira	161	25	6	56:03.7		5:36
Carlos Antônio De Pontes	48	48	6	43:43.4	43:05.2	4:19	<b>45-49 Mulheres</b>						
Vanderlin Martins De Paula	59	58	7	44:53.5	44:48.7	4:29	Luciana Schultz	117	12	1	51:19.3	51:11.1	5:07
Vitorino Gabriel Vaz Vieira	77	74	8	47:04.4	46:59.5	4:42	Eliana R. Cavalcante Fontenelle	147	20	2	54:00.4	53:45.6	5:23
Fernando Bainha	94	89	9	48:51.2	48:31.0	4:51	Riza Ribeiro Miranda	186	35	3	1:01:04.2	1:00:43.7	6:04
Marcelo Gomes	113	103	10	50:28.6	50:19.6	5:02	Andrea Vasconcelos	197	40	4	1:05:53.9	1:05:19.5	6:32
<b>75-79 Homens</b>							<b>50-54 Mulheres</b>						
Laercio Silva	114	104	11	50:30.5	50:28.2	5:03	Maristela Reinert	126	15	1	52:04.1	51:32.5	5:09
Aires Ternes Sobrinho	136	118	12	52:36.5	51:57.3	5:12	Mirta Victoriano Altieri	169	30	2	57:17.2	57:02.6	5:42
José Luis Avalle	156	134	13	55:40.5	55:25.3	5:32	<b>55-59 Mulheres</b>						
Vitor Reinert	157	135	14	55:48.3	55:16.4	5:32	Maria Aparecida De Almeida	81	4		47:24.7	47:12.7	4:43
Joel Albino	175	143	15	58:20.2	57:54.6	5:47	Isabel Cristina De Jesus	167	28	1	56:57.2	56:35.2	5:39
<b>80-84 Homens</b>							Vera Lúcia Coró Bedinoto	168	29	2	57:04.0	56:51.2	5:41
Carlos Cesar Pedrazza	196	157	16	1:05:51.0	1:05:42.6	6:34	Maria Zilene Cardoso	192	37	3	1:03:01.6	1:02:41.1	6:16
<b>85-89 Homens</b>							<b>60-64 Mulheres</b>						
Marino Casagrande	21	21	1	39:11.2	39:01.5	3:54	<b>65-69 Mulheres</b>						
Ronaldo Urbano	41	41	2	42:26.7	42:16.3	4:14	<b>70-74 Mulheres</b>						
Clecio Rodrigues	62	60	3	45:31.1	45:30.5	4:33	<b>75-79 Mulheres</b>						
Ademir Irineu De Souza	64	62	4	45:53.3	45:52.9	4:35	<b>80-84 Mulheres</b>						
Daniel Bonillo	90	85	5	48:16.0	47:50.2	4:47	<b>85-89 Mulheres</b>						
<b>90-94 Homens</b>							<b>90-94 Mulheres</b>						
Geraldo Guesser	107	99	6	50:02.5	50:01.2	5:00	<b>95-99 Mulheres</b>						
Airton Hiroto Tango	162	137	7	56:13.7	56:00.1	5:36	<b>100-104 Mulheres</b>						
Paulo Sa Brito	176	144	8	58:32.8	57:44.8	5:47	<b>105-109 Mulheres</b>						
Wilson Nazario	177	145	9	58:39.5	58:15.2	5:49	<b>110-114 Mulheres</b>						
Luiz Carlos Pinto De Araujo	180	147	10	58:49.8	58:23.1	5:50	<b>115-119 Mulheres</b>						
<b>95-99 Homens</b>							<b>120-124 Mulheres</b>						
Luiz Carlos Silva	191	155	11	1:03:01.5	1:02:25.1	6:15	<b>125-129 Mulheres</b>						
Antônio Tadeu Ângulo	200	160	12	1:09:47.3	1:09:37.2	6:58	<b>130-134 Mulheres</b>						